

Starting Off Right

A Quarterly Newsletter from
Healthy Start Coalition of Jefferson,
Madison & Taylor Counties, Inc.

SPRING 2019

HEALTHY
START

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Learn About the New Connect Process

We're excited to announce the Connect process, a new and innovative way to deliver free, comprehensive services to families with young children. These services are offered conveniently in offices throughout the community, as well as through home visits. Even better, getting started is easier than it has ever been! All it takes is all it takes is a simple screen (either while pregnant or at birth) and you are ready to get the perfect help. If you are ever offered to fill out these screens, don't miss the amazing opportunity. You can also call 850-948-2741 to get involved today!

Grow Your Social Circle!

Do you want to connect with parents and caregivers, make new friends, and learn all about caring for your child? Of course you do! Circle of Parents is an awesome program offering just that opportunity. It's a place where anyone in a parenting role can openly discuss the successes and challenges of raising children. It's a place where they can find and share support. Groups meet weekly, are free of charge, and foster an open exchange of ideas, support, information and resources. To get started, call your local number below and ask for Healthy Start! We can't wait to see you!



CIRCLE of PARENTS
Sharing Ideas. Sharing Support.

Jefferson: 850-342-0170
Madison: 850-601-6179
Taylor: 850-223-5117

Donna Hagan
Executive Director



BABY BUCKS IS JUST THE BEGINNING!

Home visiting is a feature of the team that is really beneficial to numbers of clients. So, when Angelina, from Healthy Families Seven Rivers, visits Tracy, and son, Brighton, the appreciation runs deep.

“Healthy Families Seven Rivers and Angelina are heaven sent, literally. I had troubles in my past, and the options and facts she brings to me and my baby are so useful. Angelina makes me feel comfortable, like a friend I’ve known for years. Being the best mother means everything to me and having my family support worker Angelina, and my close friend Dan, to support me is so important,” Tracy noted.

Among the various resources and tools that she has at her disposal, Angelina offers Baby Bucks, which are a useful resource mothers can earn to use for baby supplies and other parenting items.

For more information regarding Healthy Families Seven Rivers, please email us at proberts@healthystartjmt.org or phone us anytime at (850) 948-2741.



(L-R) Brighton, Tracy, and Angelina



Healthy Start Teams With



Kiwanis®

To Help Local Parents

On May 10th, Families and friends gathered for a day of celebration and prizes, all thanks to Healthy Start and Kiwanis. For Celebration of Mothers, families were offered a day filled with opportunity. Thanks to a mix of free food, a plethora of local organizations, and a wide number of gifts, everyone had an amazing time!



Pinwheels for Prevention Supports Parents

On April 13th, in order to raise awareness for Child Abuse Prevention Month, Healthy Start and Healthy Families once again took part in Pinwheels for Prevention. This fun and informative event gives community members easy access to the resources they need to get involved with this vital issue, as well as many others. If you or someone you know is facing abuse, please call 1-800-96-ABUSE to get safe and confidential assistance.



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Madison County Members:
Bonnie Webb &
Lucile Day

Taylor County Members:
Eric Scott &
Nichole Wilder

Certified Community Health Worker Stays Close to Clients



▲ Volunteers from Healthy Start and Healthy Families were pleased to assist Ability First in providing this much-needed ramp!



◀ Fitness can be fun! Participating in a 72-hour Fitness Challenge with a small group of kids during Memorial Day week, these were my five participants, females ages 9-12 years old. They were challenged to walk and exercise for 90 minutes a day and come up with a healthy breakfast, lunch, or dinner.



▲ Tonya Bell acknowledged at an appreciation luncheon this summer.

Tonya's Healthy Happy Hour Workshops are held regularly. For more information and participation details, please contact Tonya Bell at (850) 253-5355, or email her at tbell@healthystartjmt.org.

New Building, New Opportunities

The Healthy Start Coalition of Jefferson, Madison, & Taylor Counties Inc. has officially moved! After 27 years at the same location, we have spread out into a historically-preserved primary school. We have moved from 1300+ square feet into the lower portion of the building, occupying almost 3000+ square feet, to accommodate both our Coalition needs and our Healthy Families program. Please join us in celebrating our accomplishment! Our new address is 1476 SW Main Street, Greenville, FL 32331, or phone/email Cindy Hutto at (850) 948-2741, cjhutto@healthystartjmt.org.

